

**CMH Regional Health System**  
*wishes to thank our  
 volunteers and  
 recognize the  
 following  
 for their  
 achievements*

*Volunteers "lift our spirits" while giving their Personal Best - Nothing Less*



**17,000 hours**  
 Buck Carter

**9,500 hours**  
 Doris Conley

**9,000 hours**  
 Velma Billings

**8,000 hours**  
 Betty Foland  
 Goldie Hammon  
 Janice McCoppin  
 Trudy Ranz

**6,500 hours**  
 James Ranz  
 Avonelle Williams

**4,500 hours**  
 Robert Meyers

**3,500 hours**  
 Dennis Humphreys

**3,000 hours**  
 Robert Baker  
 John Bay  
 Beulah Carnahan

**2,500 hours**  
 Dorothy Mockabee  
 Mattie Turner

**2,000 hours**  
 Richard Bracht  
 Richard Kroll  
 Robert McNemar

**1,500 hours**  
 John Barton  
 Daphne Blackburn  
 Ann Hunt  
 David Judd  
 Joyce Walker  
 Phyllis White

**1,000 hours**  
 Erma Kroll

**500 hours**  
 Press Alexander  
 Mark Batton  
 Ron Bradshaw  
 James Griswold  
 Mary Kathryn Hilberg  
 Shea Powell  
 Frances Sharp  
 Virginia Smith  
 Willa Steen  
 Kelly Straw  
 Jane Vandervort

**100 hours**  
 Nan Bradley  
 Riley Hewitt  
 Frank Kanyuck  
 Erika Lee  
 Stephen Wetterhan

**In Memoriam**  
**2009-2010**  
 Margaret Briggs  
 Miriam Coup  
 Leola Duplain  
 Susan Ellis  
 Ann Roberts  
 Robert Stuckert  
 Robert Thorp  
 Eleanor West