



Activity and Sports Camp
for children ages 5-13



Stay Fit — Have Fun!

July 23-27, 2007

6-8 pm

Rombach Health Center
2241 Rombach Ave.
Phone: 937-383-7722

Come Prepared for
Fun and Games !!



A one week camp designed to help youth develop the motor skills necessary to be healthy and active. Each Day will consist of a two hour activity session with Certified Athletic Trainers from CMH Rehab Services.

The kids will be developing an interest in activity and the skills to be successful at them by participating in fun activities and games that focus on:

- *Stretching
- *Strength Training
- *Running
- *Balancing

- Participants should wear shorts, t-shirts, and tennis/running shoes.
- Gatorade and Water will be provided each night.
- Each participant receives a camp t-shirt and goody bag.
- Educational materials for parents will be available each evening as well.



Camp is held rain or shine— in the event of bad weather, activities will be indoors.

T-Shirt Size(circle one): Youth or Adult

Name/ Age of Child _____ S M L XL

Name / Age of Child _____ S M L XL

Name / Age of Child _____ S M L XL

Address _____

Phone _____

Youth Camp Registration Form

Sign up for:	Price/Child	Total
<input type="checkbox"/> 1 child youth camp	45.00	\$45.00
<input type="checkbox"/> 2 children for youth camp	40.00	\$80.00
<input type="checkbox"/> 3 children for youth camp	35.00	\$105.00

Total: _____

Method of Payment

- Cash
- Check

Make checks payable to:
CMH Rehab Services

Deadline to Register is July 23rd!

Please return this registration form and payment to:

Clinton Memorial Hospital
Rehabilitation Services
Attention: Mindy Smith, ATC
2241 Rombach Ave.
Wilmington, OH 45177